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# Breathtaking 8 Days Annapurna Base Camp Trek

- Duration: 8 Days Days
- Max Altitude: 4,090 m
- Destination: Nepal
- Trip Grade: Moderate
- Best Season: Autumn, Spring

## 8 Days Annapurna Base Camp Trek Highlights

- Beautiful Mountains view, including Mount Annapurna, Mount Machhapuchhre, Dhaulagiri, and Gangapurna.
- Interaction with the local communities, especially with Gurung and Magar people, is a chance to learn about their customs, traditions, and daily lives.
- Diverse landscapes, from lush forests and terraced fields to alpine meadows and glaciers.
- Stunning sunrise view from Poon Hill
- Taste of different Nepali cuisine

## 8 Days Annapurna Base Camp Trek Overview

The 8-day Annapurna Base Camp trek is a fantastic trek starting from Kathmandu. This trek route provides stunning views of majestic peaks, including Annapurna I, Annapurna South, Gangapurna, and Machhapuchare (Fishtail) in the Himalayas.

The trek takes you through diverse ethnic villages, including Ghandruk and Chomrong, and You can learn about the local Gurung people's culture, plants, and animals there. The trek is suitable for all ages.

You can get a basic tea house accommodation and customize it according to your choice in a budget-friendly way.

After the [Everest Base Camp Trek](#), the Annapurna Base Camp Trek is Nepal's most popular trekking destination. If you love trekking and have limited time, this Annapurna base camp eight days trek is for you.

# Best Time of Year for the Annapurna Base Camp Trek

The 8-day Annapurna Base Camp Trek can be done throughout the year as each season has its attractions and challenges making every trek a unique adventure.

Although every season offers unique environments Spring and Autumn are considered as the best times of year for the Annapurna base camp trek.

- The Most Delightful Trekking Seasons in the Annapurna Region

- **Spring season**

- **Autumn Season**

Spring is a magical time for the Annapurna Base Camp trek, with unique colors and clear skies. The Annapurna region has rhododendron flowers and a fantastic view of snow-covered mountains.

The moderate temperatures make your journey comfortable for trekking during the day, and you can relax at tea houses at night. Clear skies provide unobstructed views of mountains allowing you to capture stunning photographs and create memories.

Spring also brings cultural celebrations in Nepal, allowing you to be involved in local festivals and traditions. Route conditions are best during spring, which makes the best time for both beginners and experienced trekkers.

## Autumn Season

Autumn is the best season to trek in the Annapurna region, with warm colors of gold, red, and orange in the environment. Clear skies and dry routes formed by the ending of monsoon rains. The moderate temperatures make a pleasant environment for trekking, with amazing views of the surrounding mountains.

The route is covered with beautiful greenery, making every step pleasing to the eye. You can take part in local festivities and interact with the hospitable locals in the Autumn, as Autumn is a season of cultural significance. Dust is washed away by the rain, providing a peaceful environment.

Day 1

## **Kathmandu to Pokhara by drive and O/N at Hotel [2690 ft | 1400m].**

Your journey to 8 days Annapurna base camp trek begins when you leave Kathmandu and reach Pokhara. The drive takes you 5-6 hours to reach Pokhara from Kathmandu.

The drive provides amazing views of Nepal's surroundings. When you arrive in Pokhara, you'll check into your hotel for a comfortable overnight stay before starting your trek.

Day 2

## **Drive to kilu (Kimchi) and trek to Sinuwa [2,340m | 7,677ft].**

We have included: Accommodation, Breakfast, Lunch, and Dinner.

After leaving Pokhara, you'll drive to Kimchi and Jhinu Dada. From there, your trekking journey will get started. After reaching Jhinu Dada, you'll trek to Sinuwa and spend another night in a comfortable tea house.

Day 3

## **Trek to Himalayan [2,902m | 9,577ft].**

We have included: Accommodation, Breakfast, Lunch, and Dinner.

As you continue your journey from Sinuwa, your trek will lead you to the Himalayan. During the route surrounding environment and mountains will provide you with amazing views. It takes 6 to 7 hours to trek.

Day 4

## **Trek to Annapurna Base Camp [4,130m | 13,546ft].**

We have included: Accommodation, Breakfast, Lunch, and Dinner.

On your fourth day of trek, you'll be reaching Annapurna base camp. It takes you 5 to 6 hours to trek. During the route, you'll reach Machhapuchhre base camp and get a chance to see the view of the fantastic mountains, including the view of Machhapuchhre, magnificent Annapurna South, Himchuli, Gandharva Chuli, Glacier Dom, Annapurna III, Gangapurna and many other peaks.

After seeing the beautiful view of the mountains, you'll go towards the Annapurna base camp. After reaching Annapurna base camp, You'll get to enjoy stunning views of the mountains. If the weather is good, you'll see the beautiful sunshine view.

Day 5

## **Trek to Bamboo [2,310m | 7,576ft]**

We have included: Accommodation, Breakfast, Lunch, and Dinner.

After waking up, you'll see the impressive mountain views of Annapurna I, Barahi Shikhar, Tent Peak, Annapurna South, Himchuli, Gandharva Chuli, and sunrise. After having breakfast, you'll step your trek through Bamboo. The trek takes 6 hours to reach Bamboo.

To reach Bamboo, you'll trek through Machapuchhare Base Camp, Deurali, Himalaya, and Dovan.

Day 6

## **Trek to Jhinu Dada [1,780m | 5838ft]**

We have included: Accommodation, Breakfast, Lunch, and Dinner.

As you are returning from your 8 days Annapurna base camp trek, you'll trek to Jhinu dada after Bamboo.

the trek takes you 4 to 5 hours to reach Jhinu Dada. At Jhinu Dada, you can enjoy a relaxing dip in the natural hot spring, which will relieve any muscle pain from the trek.

Day 7

## **Trek to Kilu ( Kimchi) and Drive to Pokhara [2690 ft | 1400m].**

We have included: Accommodation, Breakfast, Lunch, and Dinner.

After relaxing your night at Jhinu, You'll trek back to Kimchi; after reaching Kimchi you'll drive back to Pokhara. The drive provides you with a memorable trek reflecting your trek in 8 days Annapurna base camp trek enjoying stunning views.

Day 8

## **Pokhara to Kathmandu by Drive**

On the final day of your eight days Annapurna base camp trek, you have a choice of either returning to Kathmandu or you'll stay more days to explore Pokhara.

If you have more time to stay in Nepal, you can explore Pokhara as it is an opportunity to explore the Pokhara city, and if you don't have time, you can drive to Kathmandu.

## **What To Expect?**

### **What's included**

- Airport/hotel pick up and drop off by private car.
- Two nights 3-star hotel in Kathmandu / Pokhara Bed and Breakfast plan
- Meals on the entire board (breakfast, lunch, and dinner) during the whole trekking
- Kathmandu - Pokhara - Kathmandu By tourist bus or up to your request
- Trekking map
- An experienced Government license holder guide
- Insurance, salary, equipment, transportation, local tax for guide.
- Group medical supplies (first aid kit will be available)
- All necessary paper works and national park entry permits
- Travel and rescue arrangement
- TIMS (Trekking Information Management System)
- All government taxes and tourist service charges

### **What's not included**

- Meals in Kathmandu before and after trekking
- Your travel insurance ( Rescue )
- Tips for trekking staff and driver
- Drinks (hot, cold, and alcoholic)
- Trekking porter/Sherpa who will carry your bags during the trekking.

- Personal shopping and laundry etc
- Personal trekking equipment

## FAQs

### General

#### **Is the 8 days Annapurna Base Camp trek suitable for beginners?**

Yes, the 8 days Annapurna Base Camp trek is suitable for beginners with a minimum fitness level. But, if you have trekking experience and physical preparation, then it will enhance your enjoyment, and you'll be comfortable during the trek.

#### **What is the best time to trek in 8 days Annapurna base camp trek?**

The best times to trek are during the spring (March to May) and autumn (September to November) seasons when the weather is clear and the views are stunning. These months offer moderate temperatures and stable weather conditions.

#### **Do I need to hire a guide and porter for the trek?**

Hiring a guide and porter is necessary because they can greatly enhance your trekking experience. A guide provides valuable information about the region, and a porter carries your load, allowing you to enjoy the trek more.

#### **What is the cost of the 8 days trek to Annapurna base camp?**

The cost can vary depending on factors such as the trekking company, facilities, and time of year. On average, the cost can range from \$600 to \$900 per person.

## Additional Information

### **[Annapurna Base Camp Trek Difficulty](#)**

#### **Altitude Sickness:**

One of the common difficulties for everyone trekking in the [Annapurna base camp trek](#) and every trek is Altitude sickness as you will reach more than the trek altitude of 4000 meters.

Take your step slowly, rest properly from time to time, and be comfortable. Avoid pushing yourself faster or harder than you're satisfied with; drink plenty of water so that you will be fine.

## **Route Difficulty:**

You'll go through different routes, including rocky paths. Different way adds challenge to the trek, which requires a moderate level of physical fitness.

The Annapurna Base Camp trek is moderately challenging and suitable for all fitness levels. With a maximum altitude of 4190 m, the trek takes an average of 4 to 6 hours daily.

During pleasant routes, it takes 6 to 7 hours. The trek involves uphill and downhill trails in villages and forests, making it challenging. It is essential to be aware of the challenges and mentally prepare for the challenging routes.

## **What can you expect on the Annapurna Base Camp Trek?**

### **Spectacular Scenery and Landscapes:**

On your 8 days Annapurna base camp trek, you can expect different landscape views on the lower altitude and snow covered in higher elevations. You can also expect a fantastic view of peaks, including Annapurna South, Machapuchare, and Hiunchuli.

### **Cultural Interactions:**

You can expect to have connections with local communities, including Gurung and Magar, where you can learn about their way of living life, tradition, and hospitality.

### **Flora And Fauna:**

If you choose your 8 days Annapurna base camp trek journey from May to June, you can expect to see the colorful rhododendron forests, the Annapurna region with diverse flora and fauna, and also get a chance to see the snow leopard.

Overall in 8 days Annapurna base camp trek, you can expect rhododendron forests, glacier river valleys, and mountain peaks. Also, expect stunning views of [Annapurna I](#), Annapurna II, III, Machapuchare, and Annapurna South.

The 8 days Annapurna Base Camp Trek provides you learn about the culture and traditions of the local people, including visiting remote mountain villages, relaxing in hot springs, and enjoying the rural beauty of the mountainside.

## **Annapurna Base Camp Trekking Permit**

There are two primary permits required for the Annapurna Base Camp trek:

### **Annapurna Conservation Area Permit (ACAP):**

The Annapurna Conservation Area Permit (ACAP) is a popular permit in Nepal that allows you to visit any area of the Annapurna region without additional fees.

ACAP permits expire if you pass through your departure point, but they remain valid as long as you are in the Annapurna region. This permit is issued by the Annapurna Conservation Area Project (ACAP).

## **Trekkers' Information Management System (TIMS) Card:**

The Trekkers' Information Management System (TIMS) Permit is another important permit for Annapurna Base Camp Trek.

It is applicable to all Nepalese trekking regions, but each region needs a new permit. The permit can be obtained in Kathmandu from the TAAN office or through registered trekking agencies.

The Nepal Tourism Board manages the TIMS card and holds a record of trekkers along the route to ensure your safety.

## **Mountains Seen from 8 Days Annapurna Base Camp Trek**

The 360-degree view of the surrounding mountains is one of the highlights of the Annapurna Base Camp trek. One of the most beautiful mountains that are seen from the Annapurna Base camp trek is the view of Mt Annapurna I, which is the 10th world's highest mountain.

Mountains including Machhapuchhre, Annapurna III, Ganggapurna, Gandharva Chuli, Fluted Peak, Annapurna South, Bharha Chuli (Fang), Tent Peak (Tharpu Chuli ), Tare Kang (Glacier Dome), Khangsar Kang (Roc Noir), Patal Hiun Chuli can be seen in 8 days Annapurna base camp trek.

## **How many days do you need in Annapurna Base Camp?**

One of the most common questions for trekkers planning the Annapurna base camp trek is: How many days do you need to complete the Annapurna Base Camp trek?

If you have a short time, you can take a shorter itinerary for 8 days. If you have more time, you can take a long itinerary which is for 12 to 14 days; even 10 days itinerary can also be chosen.

The Annapurna Base Camp trek offers different itinerary options to suit your different preferences and s time you have.

## **How difficult is the 8 Days Annapurna Base Camp Trek?**

Trekking the Annapurna base camp trek is moderately complex as it is relatively easy to trek and easy to do. Different's [trekking route](#) lead to the Annapurna Base Camp; each trekking route differs in duration and difficulty level.

The Annapurna base camp can be challenging for the trekker who is trekking for the first time due to the altitude of the Annapurna base camp. So be prepared mentally and physically, and have proper trekking equipment, including trekking poles, to have your journey safe and enjoyable.

## **Travel Insurance**

Travel insurance is required for any plans for trekking in any region in case of an emergency. Travel

insurance is essential for treks that lack proper transportation and medical care, like the Annapurna Base Camp trek. The trek to Annapurna Base Camp is safe, but there are no safety measures route.

Travel insurance keeps your mind calm and peaceful, knowing you're protected in unexpected problems and situations. Being on the safe side and having travel insurance is highly recommended.

## Annapurna Base Camp Trek 8 Days Route Map

Per our itinerary route map on your 8 days Annapurna base camp trek, your journey will start from Kathmandu. You'll go to Pokhara by tourist bus directly through Kathmandu. After Pokhara, your next drive goes towards Kimchi, and from Kimchi, you'll drive to Jhinu Dada. After reaching Jhinu Dada, your trekking will start.

Per our itinerary map, your trek will begin from Sinuwa through the route, including Ghandruk and Chhomrong village. After resting and having a night in Sinuwa, you'll trek to the Himalayas. Before reaching the Himalayas, you'll go through Bamboo and Dovan.

After Himalayan, your next and final destination is Annapurna base camp. Per our trip itinerary, you'll pass through Deurali and Machhapuchhre base camps before you reach the Annapurna base camp. After getting to Annapurna base camp, your journey will stay the same. You'll start to return from a trip.

Per the trekking map itinerary, you'll trek back to Bamboo from Annapurna base camp. After Bamboo, you'll directly trek to Jhinu Dada. After reaching Jhinu Dada, you will go to Khimche and drive to Pokhara. As on our itinerary, you can stay and explore Nepal's beautiful city Pokhara or return to Kathmandu.

## Why US

[MyEverestTrip](#) is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



## Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.





## **Our Expert Guide:**

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



## **Fair and reasonable Cost:**

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



## **Your safety is our priority:**

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.



## **Responsible and Eco-Friendly**

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the

package has to be discouraged).

- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

## Contact Us

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