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## Mustang Biking Tour

- Duration: 18 Days Days
- Destination: Nepal
- Trip Grade: Moderate
- Best Season: Autumn, Spring

### Overview

## Upper Mustang Biking Tour

Ride to the fabled walled city that nests in the shadow of 8000m plus Himalayan Peaks.

Upper Mustang, the restricted region and the forbidden walled city in the shadow of Dhaulagiri and Annapurna, used to be the cultural trekking destination of Nepal. The cycling adventure to the kingdom of Lopas is the ultimate two-wheeler adventure that crosses and passes through the fantastic landscapes of Nepal that hold incredibly fascinating myths.

After a scenic flight to Pokhara and then onto the windy city of Jomsom, the cycling adventure to Upper Mustang kicks off. Biking to the mythical kingdom of Lomanthang, the city of mud, traverses across the Kali Gandaki River valley, crossing many caves, cultural villages, arid landscapes, high passes, windy valleys, and [Buddhist monasteries](#). This cycling holiday will include the sights of rich Tibetan Buddhist culture and the Himalayas' panorama dominated by Mt. Nilgiri and Dhaulagiri.

The dusty trails to Mustang have off-road riding sections comprising bright sunshine blue skies during the day that will offer you more thrills and happiness. After Biking to Upper Mustang, the ride slides down to the famous [Hindu pilgrimage Muktinath Temple](#), another highlight of this Biking tour. A dramatic downhill ride from Muktinath to Tatopani via Jomsom, Kalopani, the world's deepest gorge, is yet another thrilling experience of the time.

The top-notch biking gear and our expert guides will surely make this two-wheeled adventure in the rugged and arid trails of Upper Mustang genuinely remarkable. Throughout the biking tour, nature, culture, and experience are the highlights.

Mustang Biking tour is the fabled walled city that nests in the shadow of 8000 m Dhaulagiri and [Annapurna Himalayan](#) peak with the forbidden valley of Mustang.

Day 01

## **Landing Kathmandu Airport**

O/N at 3 Star Hotel (A, D)

Day 02

## **Kathmandu City Exploration by Guide and prepare for Mustang Bike tour.**

O/N at 3 Star Hotel (A, B, D)

Day 03

## **Early Morning fly to Jomsom, And ride kagbeni Early Morning fly to Jomsom, And ride Kag Beni**

O/N at 3 Star Hotel (A, B, D)

Day 04

## **After breakfast begins your challenge in the Upper mustang kingdom and rides to Chaile.**

O/N at Tented Camp (A, B, L, D)

Day 05

## **After breakfast begins your challenge in the Upper mustang kingdom and rides to Chaile.**

O/N at Tented Camp (A, B, L, D)

Day 06

## **Biking from Chaile to Ghami the longest riding over 4000m. pass.**

O/N at Tented Camp (A, B, L, D)

Day 07

## **Riding to Tsarang via Ghami takes about 4 to 5 hours vial one of the longest prayer mane walls in mustang kingdom.**

O/N at Tented Camp (A, B, L, D)

Day 08

## **Biking to Lo-Manthang city Explore Around mud city.**

O/N at Tented Camp (A, B, L, D)

Day 09

## **Full day Exploration Lo-Manthang visit Monastery**

O/N at Tented Camp (A, B, L, D)

Day 10

## **Biking to Ghami Via Lho Gagr Ghar Gompa**

O/N at Tented Camp (A, B, L, D)

Day 11

## **Biking to Chuksang**

O/N at Tented Camp (A, B, L, D)

Day 12

## **Biking to Marpha all the way to back Jomsom.**

O/N at Tented Camp (A, B, L, D)

Day 13

## **hiking to Tatopani via Kalopani and world deepest gorge Ghasa Lete valley**

O/N at Tented Camp (A, B, L, D)

Day 14

## **Biking to Sarangkot Hill Station.**

O/N at Tented Camp (A, B, L, D)

Day 15

## **Early Morning Sunrise view then ride down to Pokhara and Drive/Fly to Kathmandu.**

O/N at Tented Camp (A, B, L, D)

Day 16

## **Free day in Kathmandu.**

O/N at Tented Camp (A, B, D)

Day 17

## Depart to Home

B

## What To Expect?

### What's included

- Cycling Guide
- Trekking permit
- Annapurna Conservation and mustang permit
- Private transfer to Pokhara
- Flight from Pokhara to Jomsom
- Transfer from Beni to Pokhara
- Pokhara to Kathmandu drive by tourist bus (if we fly the extra cost will be US\$110)
- All Accommodation on twin share
- 3 meals a day

### What's not included

- Bike and Accessories (bike hire costs US\$180)
- Pokhara - Kathmandu Airfare / approx: US\$110 if prefer to fly
- Mineral water / Soft and Hard Drinks
- Single Supplement: US\$375
- Porter US\$150 (One porter for two persons: weight limit 20 kg per porter)
- Emergency Evacuation Fee
- Insurance

## Why US

[MyEverestTrip](#) is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



## Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



## Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



## Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



## Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.



## Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

## Contact Us

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