

Contact Info

Head Office

Chhetrapati, Thamel, Kathmandu, Nepal

+977 9851069558

Email: info@myeveresttrip.com

Skype: [myeveresttrip](https://www.skype.com/people/myeveresttrip)

Simikot Kailash Trek

- Duration: 20 Days Days
- Max Altitude: 5,120 m
- Destination: Multi Country
- Trip Grade: Moderate
- Best Season: Summer, Autumn

Overview

Simikot Kailash Trek

Mount Kailash lies in the spiritual land of Tibet. The peak is 6714m and holds significance to Hindus and Buddhists. It is one of the holiest places of pilgrimage for Tibetans as well. Tourists are drawn by the image of this region's beautiful mountain scenery and holiness, which leaves them to strive for wandering lust. Each year numerous tourists from around the world gather in Darchen to experience the mighty Mt. Kailash. The trek takes you on a surreal journey with thin air and extreme altitude. Such a religious experience is indeed not found anywhere else in the world.

On our 20 days journey to [Mount Kailash](#), we travel along pilgrimage routes, trade links, and across the border into Tibet. You start by visiting Garuda valley, a place believed to be the cradle of Tibetans during the ancient times of the reigning kings. This was done long before Buddhism was founded. You finally reach Kora valley by walking along the route in ascending and descending trails. After three days of trekking in Kora valley, you finally arrive at [Mansarovar Lake](#). This lake has a circumference of 90km, thus making it one of the highest freshwater in the world. It also holds religious significance, and it is believed that their sins get washed once a person takes a dip in this holy water. After the lake, we move on to Saga and Zhangmu. After crossing the security needful, we will travel back to Kathmandu. The trek is moderate to strenuous, but the fun and adventure do not fit into the grading system. The best time to visit Mt Kailash is from February to May and October to December.

Our experienced team will assist you in collecting surreal travel stories to share back home. Pack your bags and visit this beautiful place on Earth.

Day **01**

Arrival in Kathmandu (1,300m/4,264ft)

Upon arrival in Kathmandu, our representative will greet you and take you to your hotel. Feel free to enjoy the rest of the day.

O/N at 3 Star Hotel | Meals provided: Breakfast

Day **02**

Kathmandu: Sightseeing and Trek Preparation

Today is a rest day, and you will be taken to different places in Kathmandu for sightseeing. Also, our representatives will give you basic information about plans, places, and precautions for the trip. You can stroll in the street of Thamel later in the day.

O/N at 3 Star Hotel | Meals provided: Breakfast, Lunch, and dinner

Day **03**

Fly from Kathmandu to Nepalgunj|1Hrs|

We take a flight to Nepalgunj, the western part of Nepal. Nepalgunj is a town near the Indian border. This place is an exciting town that shows diverse cultures, locally produced food, and ethnic villages.

O/N at 3 Star Hotel | Meals provided: Breakfast, Lunch, and dinner

Day **04**

ly to Simikot (2,985m/9,790ft) and trek to Dharapuri (2,360m/7,740ft)|4 - 6 Hrs|

We fly to Simikot (40 minutes) and get wanderlust to the beauty of the mountains. Here, we can experience indigenous people and their culture, close to the Tibetans. From Simikot, we ascend and then descend to the trails to Tuling. We walk through the virgin jungles and villages along the Karnali River, which leads to Dharapuri.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **05**

Dharapuri to Kermi (2,860m/9,383ft) |5 - 6 Hrs

We walk on flat trails along the Karnali River. We can see fields cultivated with rice, potatoes, buckwheat, etc. There are two hot springs near Kermi which can relieve your body aches. You can see Buddhist monasteries called Laikyo Gumba and Lhundrup Choeling Gumba once you get to Kermi.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **06**

Kermi to Yalbang (2,879m/9,445ft)|5 - 6 Hrs

We ascend to the steep trails to reach a small pass and cross a suspension bridge over the Salli River. You can see amazing views of the Pine trees and the Karnali River. You can also experience a monastery called Namkha Khyung Dzong.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **07**

Yalbang to Tumkot (3,073m/10,082ft)|5 - 6 Hrs

We ascend further and see big pine trees along the way. Upon reaching Tumkot, we can visit Dhungkar Choezom Gumba, the critical Sakya monastery in the Tibetan region.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **08**

Tumkot to Yari (3,663m/12,017ft)|6 - Hrs

Today is the most accessible yet most incredible trail over the Karnali River. After an hour's hike, we experience a topography, vegetation, and temperature change. Due to differences in climate, you will see short and low bushes rather than trees in the way.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **09**

Yari to Hilsa (3,647m/11,965ft) via Nara La pass|5 - 6 Hrs

After trekking for the day, we finally reached the Nara La Pass (4620m), where the landscapes resemble Tibet. We can see the Tibetan plains and the Yari village. Then, we descend until we reach Hilsa, a point for pilgrims to go to Mt Kailash.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **10**

Hilsa to Purang (3,772m/12,375ft)|2 - 3 Hrs

We cross a bridge at Hilsa and ascend from Hilsa to Purang, bypassing Rinzing Zangpo Gumpa and Kangye Village along our trails. After reaching Purang, we will see Purang Gumba and Buddhist paintings of the 12th century.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day **11**

Purang to Monster (4,450m/14,599ft) and sightseeing in Tirtapuri|3 - 4 Hrs

After passing Rakshas and Mansarover lakes, we reach Monster. After a while, we visited Tirtapuri, located northwest of Mount Kailash. We can see Tirthapuri hot springs consisting of Guru Rinpoche's footprint. Later, we return to Monster.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day 12

Sightseeing of Garuda Valley, then transfer to Darchen (4,560m/14,956ft)|3 - 4 Hrs

After 2 hours, we reach Garuda Valley, southwest of Mt. Kailash. We can see the cradle of Tibetan civilization during the reign of the Shang Shung kings. Afterwards, we move to Darchen, a small town in front of Mount Kailash.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day 13

First day of Kora: hiking to DiraPukMonasterys (5120m/16,792ft) |5 - 6 Hrs

We walk in a valley through walls of red rocks and cross plains to Shershong. Later, cross a bridge that leads us to Chhuku Gumba and then to Dirapuk. Here you can see the fantastic view of Mt. Kailash (6638m).

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day 14

Second day of Kora: hike to Dzutul-puk (4790m/15,765ft) |6 - 7 Hrs

Today is the tricky part: we climb Dolma-la pass(5750m). We can see five-coloured praying flags. We descend to Dzutul-puk, and we experience amazing Thungje Zinbu and caves.

O/N at Tea House of Dzutul-puk | Meals provided: Breakfast, Lunch, and dinner

Day 15

Third day of Kora: hiking to Darchen (4,560m/15,000ft)| 3 - 4 Hrs

We walk towards Barka plain. After the holy Kora of Mt.Kailash at Darchen, we drive to Mansarovar Lake, which holds religious importance to Hindus and Buddhists. The lake is the significance of purity and spiritual belief.

O/N at Tea House at Masarova | Meals provided: Breakfast, Lunch, and dinner

Day 16

Tour of the Mansarovar Lake|7 - 8 Hrs

Today, we take a tour of Mansarovar, which has a circumference of 90km, making it one of the highest freshwater lakes in the world. It is believed that drinking or taking the holy dip in the lake will clear up your sins. We circle the lake in a vehicle and later visit Chui Gumba.

O/N at Tea House | Meals provided: Breakfast, Lunch, and dinner

Day 17

Mansarovar to Saga (4,600m/15,088ft)|8 - 9 Hrs

We drive through Hor Quo and Mayum La pass(5200m), where we can see small towns like Zhongba and Paryang. The journey takes us 270km from Mansarovar to Paryang and connects Saga, 255km from Paryang.

O/N at Tea House in Saga | Meals provided: Breakfast, Lunch, and dinner

Day **18**

Saga to Zhangmu (3,750m/12,300ft)|4 - 5 Hrs

We drive from Saga to Nyalam for 2 hours and again to Zhangmu, the border town of Tibet.

O/N at Tea House of Zhangmu | Meals provided: Breakfast, Lunch, and dinner

Day **19**

Zhangmu to Kathmandu: 153km|4 - 5 Hrs

After being checked at the border, our representatives will pick you up from the Chinese Friendship Bridge and drive you back to Kathmandu.

O/N at 3-star hotel | Meals provided: Breakfast, Lunch, and dinner

Day **20**

Final Departure

Today, you will head back to your home country. After breakfast, our representative will leave you at the airport 3 hours before the scheduled time.

Meals Provided: Breakfast

What To Expect?

What's included

- Airport / Hotel pick up and drop off by private car.
- Kathmandu - Nepalgunj - Simikot airfare.
- Humla / Simikot special permits.
- Chinese Group visa fee and a Tibet permit.
- English Speaking guide in Nepal and Tibet.
- Two nights 3-star hotel in Kathmandu on Bed & Breakfast plan.
- Meals on Full Board (Breakfast, lunch, and dinner) during the whole trek
- Trekking map.
- An experienced Government licensed holder guide.
- Trekking porter / Sherpa who will carry your bags during the trekking.
- Food, drinks, accommodation, insurance, salary, equipment, transportation, local tax for Guide, and porter.
- Group medical supplies (first aid kit will be available).
- All necessary paperwork and national park entry permits.

- Travel and Rescue arrangements.
- TIMS (Trekking Information Management System).
- All government taxes and tourist service charges.

What's not included

- Meals in Kathmandu before and after trekking,
- Your travel insurance (Rescue)
- Tips for trekking staff and driver. (Tipping is expected but it is not mandatory)
- Extra porter charge for a personal bag pack
- Nepal entry visa fee
- Tips for trekking staff and driver
- Drinks (hot, cold and alcoholic)
- Personal shopping and laundry etc
- Personal trekking equipment

Map



Contact Us

Head Office:

Saat Ghumti Marg 3, Kathmandu 44600, Nepal

Email: info@myeveresttrip.com

Skype: [myeveresttrip](https://www.skype.com/name/myeveresttrip)

WhatsApp +9779851069558 ([Puru](https://www.whatsapp.com/business/profile/9779851069558))

[Daniela Schioppa](#)

Romania, Germany, Italy

WhatsApp +40721971479

Taiwan

Salik KC / 三三三
Xinyi Road, Sec-2, Taipei City
Cell: [+886-909439712](tel:+886-909439712)

United Kingdom

Eddy Cota

WhatsApp: **+447521762520**

**My Everest Travels & Tours is a government-recognized and registered Travel Agency. Reg:
64831/066/067 VAT: 303815277**